

Interprofessional Spine Care Report

Primary Spine Care

RAND STUDY

Chiropractic Care – Updates in Patient Satisfaction

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Spine care, particularly directed to the mechanical or non-specific aspect, is a critical part of today's healthcare system. Chiropractic's focus on the diagnosis and management of those conditions is gaining more and more support in the scientific literature, especially in the primary care arena. Although outcomes are an important point to consider, they are not the only one. Patient satisfaction has much to do with the success of a healthcare delivery system and chiropractic has enjoyed one of the highest in healthcare.

A recent study, conducted by Hays et al (2019) and the RAND Corporation, published a observational study examining the experiences of chiropractic patients in the United States with chronic lower back or neck pain. They stated, "More than 50% of US adults have sought care from a chiropractor and about 30% of those with spinal pain in the United States have used chiropractic care. **Spinal manipulation is recommended by the American College of Physicians as a noninvasive treatment of low back pain. A recent study found that chiropractic care for patients with chronic low back pain or neck pain was associated with significant 3-month improvements in all PROMIS-29 v2.0 health-related quality of life measures except emotional distress.**" [pg. 1]

This study further supports the high satisfaction of patients under chiropractic care. The paper concludes by reporting, "The results of this study contribute to the literature by providing evidence that experiences with chiropractic care are generally positive among patients with chronic back or neck pain. The study findings provide empirical verification of why some chronic pain patients utilize chiropractic care on a regular basis. It supports the use of chiropractic care as one option for improving functioning and well-being of patients with chronic low back pain or neck pain." [pg. 6]

Chiropractic continues to demonstrate its value in the management of persistent non-specific symptoms in patients with chronic lower back or neck pain. Chiropractic care is a valuable addition to community spine care programs.

Reference:

1. Hays, R. D., Sherbourne, C. D., Spritzer, K. L., Hilton, L. G., Ryan, G. W., Coulter, I. D., & Herman, P. M. (2019). Experiences With Chiropractic Care for Patients With Low Back or Neck Pain. *Journal of Patient Experience*, 2374373519846022.